



## Caring for Your Partial Dentures

Congratulations on your new Partial Denture(s). By utilizing the very best know materials, techniques and input from you and our entire dental staff, we have fabricated a superior Partial Denture(s) for you. We are confident that with proper care you will have years of satisfaction from them. Please review the following in order to preserve the integrity of your Partial Denture(s).

1. Wear your Partial Denture every day. Failure to do so will give the remaining teeth the chance to shift which will cause your appliance to fit improperly or not at all.
2. Limit yourself to a soft foods diet temporarily until you are more comfortable.
3. Avoid biting excessively hard foods and objects because breakage will occur.
4. Rinse your Partial Denture(s) thoroughly after each meal.
5. Partial Denture(s) will grow bacteria, fungus and yeast if not cleaned properly. Cleanse your appliance(s) thoroughly each day with a brush and non-abrasive cleaner and let stand in water or denture cleaner when out of your mouth.
6. Brush your teeth and gums three times per day and floss once per day as usual.
7. Rinse with warm salt water to help alleviate discomfort from sore spots that may develop on your gums or palate.
8. Please return to the office for adjustments as needed or instructed; do not adjust the Partial Denture(s) yourself.
9. Your remaining soft tissue and bone will change shape and size with time which will change the way your Partial Denture(s) fit. Please make us aware of any changes in the fit of your appliance(s); this may indicate the need for additional adjustments.
10. Please keep 6 month recare appointments in order to evaluate your oral health and the fit of your Denture(s).
11. Do not use alcohol, abrasive cleansers, bleaches, whiteners, boiling water, or “do it yourself” repair materials on your Partial Denture(s). All these items are harmful to your appliance(s).
12. Please call the office if you have an immediate issues or concerns.

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